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First Selectman's Corner

Dear Friends and Neighbors,

Summer has arrived and it's great to see so many of our residents and visitors in town enjoying the marinas, shops, restaurants, and attractions that make Essex a unique place to live, work and play. I encourage you to take advantage of all there is to experience in the villages of Essex this time of year!

The Town continues to move forward on Capital Improvement initiatives. Renovations are underway in the Land Use Department and we anticipate completion this fall. Also, the parking lot and driveways at Essex Elementary School will be repaved this summer and renovations will be completed in the school Media room. The Public Works garage renovations are done and construction on a new storage building will begin in the near future. Finally, we anticipate work to start on the Ivory Street bridges this summer. The Walnut Street bridge will be targeted for next spring/summer.

The Safe Routes to School grant awarded to the Town involves replacing sidewalks on Main Street, from Essex Elementary School all the way down to the start of Bracket Lane. New sidewalks in front of the school, on the east side of the street, will connect to a new crosswalk at Charles Street. Construction is underway and scheduled to be completed before the school year starts. In addition, we decided to continue the sidewalk replacement from Bracket Lane to Ivory Street. Other sidewalks have been done on New City Street and North Main Street in Essex, and on Summit Street in Ivoryton just beyond the theatre from the Fire Station to Chestnut Street.



First Selectman Norm Needleman

Construction of Essex Place, a new 22-unit building for disabled and senior affordable housing in Centerbrook has broken ground. Essex Place will provide additional units to Essex Court, the current senior affordable housing residence, reduce the waiting list and provide housing options in the community. Occupancy is expected sometime in 2017.

Congratulations to our Town Planner, John Guszkowski, AICP, on being awarded "National Council Member of the Year" for his role as President of CT Resource Conservation and Development Area, Inc. John is a terrific resource to our staff and community.

A warm welcome is extended to the new eating establishments in Town!

Continued on page 3



events

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18 Industrial Park Road, P.O.Box 205 Centerbrook, CT 06409

860-767-9087 Fax 860-767-0259 email: print@essexprinting.com www.essexprinting.com

> PUBLISHER William E. McMinn

DIRECTOR OF ADVERTISING/OPERATIONS Suzanne Spires 860-391-5534 suzanne@essexprinting.com

ART DIRECTOR / ARTICLE COORDINATOR Kathy Alsop 860-391-4372 kathy@eventsmagazines.com

> COVER EDITOR AC Proctor 860-767-9087

SALES REPRESENTATIVES

VERNON • TOLLAND • ELLINGTON • WILLINGTON Tom Fortin 860-299-4568 tom@eventsmagazines.com

ESSEX • WESTBROOK • CLINTON • MADISON Ward Feirer 914-806-5500 wfeirer@gmail.com

OLD SAYBROOK • OLD LYME • EAST LYME Betty Martelle 860-333-7117 betty@eventsmagazines.com

MONTVILLE • NEW LONDON • STONINGTON Chris Angeli 860-391-5725 cangeli@eventsmagazines.com

BRANFORD • GUILFORD • WOODBRIDGE Nancy Lee Salk 203-219-3282 nancy@eventsmagazines.com

EAST HADDAM • HADDAM • CHESTER Sue Smith 860-885-9670 sue@eventsmagazines.com

> MAGAZINE LAYOUT Amy Bransfield

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Stay Informed.

Signing up for the Essex News e-mail list will provide you with information and updates on events from the First Selectman's Office. (Your address will be used solely for this purpose.) To add yourself to the list, email your contact information to essexnews@essexct.gov with the subject **Town Email List.**

SELECTMAN'S CORNER...continued from page 1

Opportunities to rent commercial space in town are available. Please reach out to Susan Malan, our Economic Development Coordinator, with any questions and/or help going through the permitting process. Susan can be reached at 860-767-4340 x 220 and smalan@essexct.gov.

The Summer Concert Series, sponsored by the Park and Rec Department, runs through the middle of August at our Town greens in Essex and Ivoryton. Concerts are Tuesday evenings

FISH (Friends in Service Here)

FISH was founded locally in 1970 to provide free rides to medical appointments for residents of Essex, Deep River and Chester. The officers for 2016 are: Henry May, President; Stuart Warner, Vice president; Ali Nichols, Secretary; Barbara Ryan, Treasurer and Dana Hill, Driver Recruitment. Dispatchers are John Heiser and Tony Carrano.

Residents of our three towns wanting rides and having no other means of transportation may call 860-388-2693 up to noon the day before their appointment (Friday noon for a Monday ride) to schedule a ride for the following day. The in Ivoryton and Wednesday evenings in Essex from 6:30 pm -8 pm. The Ivoryton Village Farmer's Market is held on Saturdays from 10 am - 1:30 pm until October 15th.

The Essex Valley Railroad, Connecticut River Museum and Ivoryton Playhouse all have schedules for the summer season. Please support them!

All the Best, Norm Needleman

destinations are within the triangle of Middletown to the north, Guilford to the west and New London to the east.

For calendar 2015, we had 783 round-trip rides for our three towns of which over 60% are for Essex residents.

The modest budget for FISH is funded by grants from the Essex Community Fund, the Community Foundation of Middlesex County, the Essex Rotary, the Essex Savings Bank, the Deep River Community Health Committee and the Town of Chester, and other organizations, as well as by contributions from our drivers.

Henry May, Driver and President



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Essex Library

Although summer is in full swing now, there are still many upcoming events on our calendar for the warm weather months. Our Children's Department is offering summer story hours Tuesdays, Wednesdays and Thursdays; a Teen After Hours Event will take place on Wednesday, July 27 from 6 – 7 pm; and a Valley Regional Summer Reading Book Chat is scheduled for 6 pm on Wednesday, August 16. Other activities during the month of August include cooking and digital photography classes and a student art show.

Our summer reading party is Thursday August 11th from 5 - 7 pm and open to all ages. Join us in celebration of our readers! This year we'll host an art reception and pizza party in their honor. Meet us in the Essex Library program room where we'll view the art and film projects created during our summer at play. Coming



in September: Little Ones Story Hour, Flannel Board Story Time, Preschool Story Hour and Welcome Fall Program.

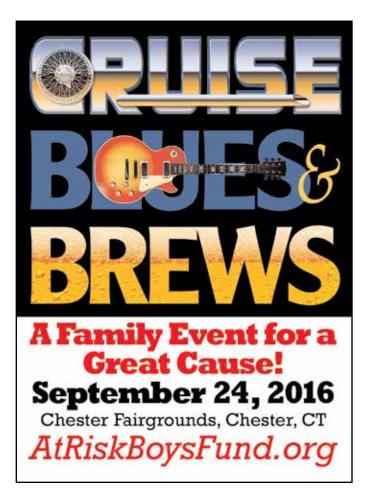
This summer we're streaming sporting events including the Summer Olympics,

soccer, tennis, and baseball in the Program Room on our large screen with great sound from Bose speakers.

The Centerbrook Architects Lecture Series will open its ninth year in September and will include Dr. Chuck Benson, architects Stephen Wanta, Tom Bosworth, Philip Smith & Douglas Thompson of Smith & Thompson, among others. Also in September World War II Mystery author James Benn will give a talk on his latest Billy Boyle novel, Blue Madonna.

This fall we're looking forward to presenting a dance film series moderated by former American Ballet Theater dancer Mary Wilson. Cooking programs and tastings were given thumbs on our spring survey so watch for a coffee tasting by a local roaster and an event showcasing delicious gourmet treats from Fromage in Old Saybrook.

The Copper Beech Inn Image: Stress Stress



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Chester\$629,000Mini Estate located near Chester Village.2 homes on one parcel-a 4BR Colonial w/Ige open spaces & great flow and a luxuryy 2BR apt above a 4 bay gar.Rick Allen 860-575-4200



Deep River\$1,350,000Nestled in a lush natural landscaped lotw/panoramic views of the CT River, 400'of direct frontage & deep water dock is acommanding contemporary home.Diane Gregory 860-395-8433



Deep River \$499,000 CT River views! MINT Cape w/1st floor MBR, new granite KT & 4 season room overlooking beautiful gardens. EZ one floor living w/2 BRs on 2nd floor. Joel Lucas 860-304-9150



Deep River\$459,0004 family home in quiet area but close to
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Rte 9. Public water & sewer.
Rick Greene 860-395-6832



East Haddam \$269,900 Colonial on a quiet country road in a picturesque setting. Tremendous updates & improvements make this home move in ready! Minutes from Bashan Lake. Leah Smith 860-916-9824



East Haddam \$259,900 Direct Waterfront on Moodus Reservoir. Remodeled home w/charming character has updated KT w/view of lake. Full recreational lake for summer fun. Dee Hasuly 860-214-1864



Essex \$1,875,000 Gracious home on cul-de-sac in gorgeous, private, waterfront neighborhood. There's room for everyone, a dock for small boats & you can walk to town! Andrea Woolston 203-605-4770



Essex \$1,225,000 First time offered - Spectacular River Road Nantucket Cape w/shared dock, 1st floor master suite & wonderful water-views of Falls River Cove! Joel Lucas 860-304-9150



Essex \$1,049,000 Essex Village Waterfront w/Dock & Guesthouse! The Charles Collins House c.1853, lovingly restored, has lovely gardens & unsurpassed views of South Cove!

Joel Lucas 860-304-9150



Essex \$749,000 The Best of all Worlds...warm & inviting, spacious yet intimate, updated 4 bedroom, 4.5 bath Colonial perfect for entertaining both inside & out. Laurel Peters 860-306-2812



Essex \$449,000 Become the next steward of the 1872 "Simon W Shailer Homestead" w/9' ceilings & 1st Fl MBR suite on an exquisite acre parcel. Walk to Ivoryton Village. Patrick Callahan 860-227-1587



Old Lyme \$405,000 Sunny 2500+ SF Ranch with open floor plan located on a quiet country lane, majestically sited on 1.34 acres framed by meandering stone walls. Maureen Nelson 860-227-9222



Old Lyme \$258,000 Raised Ranch on over an acre in quiet cul-de-sac. Hardwood thru-out, new kitchen, 2 new baths & laundry. Garage & workshop. Close to town & beaches. Agent: Libby Waldron 860-395-6830



Old Saybrook \$846,000 Prestigious Watrous Point 4BR, 2.5BA custom Ranch in Otter Cove on a sunny secluded 3.9 ac estate-like lot surrounded by mountain laurel & privacy! Joel Lucas 860-304-9150



Old Saybrook \$382,000 Floor plan offers three distinct living areas, ideal for guests/home office. Fireplace, MBR suite, guest BR, close to Main St, shops & restaurants. Bobbi McBride Doyen 860-662-0271



Westbrook \$299,900 Beautifully remodeled on quiet cul de sac. KT w/granite & stainless, 2 FPs, new 3 season sun room, on a large level lot. Great in town location. Shane Bonanno 860-227-7353 Peter Bonanno 860-227-9788

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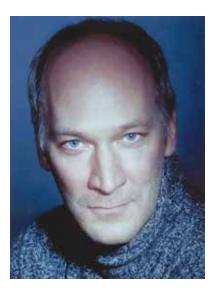


The Ivoryton Playhouse



August brings more award winning Broadway to Ivoryton with Jonathan Larson's Pulitzer Prize winning musical RENT. RENT details one year in the life of seven artists and musicians, living in New York in the late 1980s. Loosely based on Giacomo Puccini's opera, *La Boheme*, this circle of friends struggle with life, love, infidelity, and the hopes and fears of modern day life, including drug addiction and the rising spectre of AIDS. RENT is directed by Ivoryton Playhouse Artistic/ Executive Director Jacqueline Hubbard and opens Wednesday August 3rd running through August 28th. World renowned artists David Pittsinger and Patricia Schuman will be performing an exclusive concert at the Playhouse on Monday, August 22nd. "This is The Life" is a celebration of The American Songbook and the life of an artist and includes music by Sondheim, Cole Porter, Rodgers and Hammerstein and more. Classics from shows like *Kiss Me Kate, Shenandoah, Carnival, Man of La Mancha, Camelot,* and *Sound of Music* make this a night to remember filled with music you will never forget. Don't miss this one night only event – all proceeds will benefit the Ivoryton Playhouse.

Waiting in the wings at the Ivoryton Playhouse: **Man of La Mancha** starring David Pittsinger as Don Quixote (September 7th - October 3rd) and **Tenderly: The Rosemary Clooney Story** (October 26th – November 13th). Want to introduce your little ones to live theatre? We have Summer Children's



Theatre performances featuring Casey Carle's **Bubblemania** on August 12th and **Goowin's Balloowins** on August 19th. More information about these and all shows at the Ivoryton Playhouse, please call 860.767.7318 or visit www.ivorytonplayhouse.org







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8 Red Bird Trail, Old Saybrook \$1,750,000 Beautifully redesigned and renovated home in the Indian Town Beach enclave of Hart Point with scenic water views of Long Island Sound and the Indian River. Open living area with stunning appointments. One of the area's finest year round homes! MLS:N10143744



25 River Road, Essex \$800,000 Meticulously expanded and renovated antique home on Falls River. Stunning millwork, new fireplaces, and fabulous eat-in kitchen with Lacanche range. Several outbuildings include a newly built studio. A very special property! MLS:N10146625



10 Highland Terrace, Essex \$325,000 Delightful Cape in Ivoryton, with newly renovated kitchen, first floor Master Suite. Lovely open floor plan, and expansive land-scaped backyard. Charming home offering comfortable living for the first-time Buyer or empty nester. MLS:N10143714



1 Spinnaker Lane, Essex \$2,150,000 C1880 spacious antique Colonial renovated, expanded and intimately constructed to please the eye. MLS: NI0109897



13 Hudson Lane, Essex \$775,000 This Federal home exudes elegance and exceptional architectural appointments. MLS: N10137613



312 Walkley Hill Road, Haddam \$775,000 Careful and complete renovation has given this C1810 Federal style home - turned Victorian a new life. MLS: N10133553



7 Mary Lane, East Haddam \$720,000 This stately home is reminiscent of traditional Colonial Williamsburg architecture. MLS: N10131864



81 Main Street, Essex/Ivoryton \$595,000 The H. Wooster Webber Homestead C1896 is a guintessential Victorian home with intricate period architectural details. MLS: N10038157

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Visiting Nurses of the Lower Valley Announces 2016 Scholarship Award Recipients

In honor of the late Mr. and Mrs. Thomas Murtha of Essex, the Visiting Nurses of the Lower Valley awarded scholarships to 4 local high school seniors. Scholarships were awarded on the basis of academic achievement, volunteerism and motivation. Emphasis is placed on healthcare in the selection process.

Susan Maxwell, Executive Director, stated, "All of these students are well deserving of the scholarship awards. Their hard work and determination have prepared them to move forward with their future endeavors. We are pleased to award these scholarships that will help them achieve their goals." Healthcare is growing and talented individuals such as these students will bring healthcare into the future. VNLV is proud to recognize the achievements of these fine young individuals!

About Visiting Nurses of the Lower Valley

Visiting Nurses of the Lower Valley is a not-for-profit, Medicare and Medicaid certified home health care organization serving the Lower Connecticut River Valley and eastern shoreline region. For more information, please visit their website (www.visitingnurses.org) or call (860) 767-0186.



L-R: Acacia Bowden, Libby Scherber, Rachel Grande, Alex VanVliet (not pictured)

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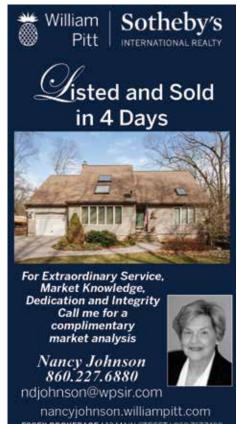
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\$2,495,000 Essex Essex waterfront signature property is reborn with unparallel views of the CT River and the Lyme Hills. MLS:N10122798



\$2,495,000 **Old Saybrook** First time offering for this Historic cedar shingle cottage! Built in 1913 it has remained in the same owner. MLS:N10063537



Deep River \$1.142.500 This beautiful Contemporary house is set high on a wooded 2.49 acre lot with a private road and driveway. MLS:N10115991



Essex \$825,000 On a professionally landscaped acre of land, rests a warm and gracious classic home surrounded by extensive gardens. MLS:N10132575



Essex \$783,500 Pristine 1850 Niles Tooker Federal on a Village street of Historic homes. Only a five minute walk to Essex Village. MLS:N10110902

Essex \$649.000 This New England style home, located at the end of a cul-de-sac, has been totally renovated from top to bottom. MLS:N10103926



Essex \$649,000 This picturesque, two bedroom "Cottage" is surrounded by lovely gardens, blue stone patios and stone walls. MLS:N10129396



Essex Very private corner lot, well maintained Antique Classic Stephen Starkey home. Close to Essex Village. MLS: N10026671 Offered at \$1,225,000 MLS:N10078929

\$529,000 Essex

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Mission Accomplished: Yellow Label Mill Renovation Complete

Essex Historical Society and Valley Railroad Host Hundreds at Dedication Day

The Essex Historical Society's 60th anniversary celebration of the E.E. Dickinson Company legacy came to a close on Sunday, May 15 when the non-profit organization, in partnership with the Valley Railroad Company, officially cut the ribbon on the newly refurbished Yellow Label Mill, once used as a storefront for the sale of Dickinson Witch Hazel products. Despite chilly weather, over 200 guests turned out for the Yellow Label Mill Dedication Day, which took place from 4 pm - 6:30 pm on the railroad grounds. The special event included a brief dedication ceremony and the unveiling of new exterior signage. All were then invited to tour the mill featuring newly installed Dickinson history exhibit panels, as well as walk through the former Dickinson Bottling Plant and Witch Hazel Distillery. The free event featured food and drinks compliments of Valley Railroad catering service and live music performed by The Occasional Jazz Ensemble.

Continued on page 11



Dickinson Initiative Committee Members gathered in front of the Yellow Label Mill before the official ribbon cutting on May 15. From I-r are Stacia Libby, Ed Jackowitz, Melissa Josefiak, Louise Riggio, Herb Clark, Jane Dickinson, Paul Scarbrough, Sherry Clark, Susan Malan, John Evans, Kevin Dodd.



YELLOW LABEL MILL RENOVATION...continued from page 10

One year prior, May 15 was officially proclaimed "Yellow Label Day" in Essex as the two organizations announced plans for the renovation of the iconic 1915 building, originally a birch mill, that sits on the southern end of the railroad depot property on Plains Road. The Valley Railroad oversaw the replacement of the roof, windows, and deteriorated structural elements, and also handled the general cleaning and painting of the building. The Essex Historical Society (EHS) was responsible for the new Yellow Label exterior signage and the development and installation of Dickinson history exhibit panels now displayed inside the mill.

"It was a great day of activities and a wonderful way to cap off the celebration of our milestone anniversary and our partnership with the Valley Railroad in honoring the Dickinson company history," commented EHS President Sherry Clark, "we have enjoyed tremendous community interest and support at the various programs held this past year, for which we are very thankful."

More information about Essex Historical Society events or membership can be found at www.essexhistory.org or by calling 860-767-0681. The Essex Historical Society is a non-profit, member organization.

Overview: Yellow Label Mill and Former Dickinson Company Buildings

Preserving the E.E. Dickinson legacy in Essex has been the 60th Anniversary project of Essex Historical Society. During the past year the Society hosted a series of programs that brought attention to various aspects of the Dickinson Company and family. Along with their *Partner in Preservation*, the Valley Railroad, they have refurbished the 1915 Birch Mill, now the **Yellow Label Mill**, as a place to interpret the witch hazel story and the Dickinson legacy.

The Birch Mill, today rechristened the Yellow Label Mill, was built by E.E., Sr. in 1915. Black Birch has the same chemistry as wintergreen and was chipped and distilled in the same manner as witch hazel until 1926. Today the mill is used to tell the story of witch hazel and to help preserve the Dickinson legacy in Essex.

The **Witch Hazel Works**, a mixed use business property, is located in the historic E.E. Dickinson witch hazel distillery. The original building began distilling in 1902 and was added to as the business expanded. The Art Deco details added in 1929 have been carefully restored by the preservation-minded owner of the property and integrated by Centerbrook Architects during the building conversion from distillery to office spaces. Many artifacts used in witch hazel processing are displayed in the building.

Continued on page 12



We're pleased to announce exciting developments at Essex Boat Works! We have a new owner and now offer Yacht Sales and Brokerage under the direction of Bob Jarrett, CPYB. John Lewis has joined our team as General Manager running all yard and marina operations. Planned improvements and this talented duo working alongside our dedicated crew will bring our clients a new dimension of customer service.



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9 Ferry Street, Essex, CT 06426

YELLOW LABEL MILL RENOVATION...continued from page 11

The design and function of the distillery was the height of manufacturing efficiency. Chipped witch hazel brush was conveyed into the building; traveled overhead and was dumped into the copper stills. When the double distilling was completed the concentrated extract was gravity fed into underground storage tanks and was then pumped underground to the bottling plant across the railroad tracks. The stills were then tipped forward and the wasted chips were removed to be burned in the steam boiler that provided steam for the distilling process.

The **River Valley Junction** is located track-side of the Valley Railroad and is housed in the E.E. Dickinson Co. storehouse and bottling plant. This mixed-use space of the Essex Steam Train & Riverboat has interactive and changing exhibits, the Oliver Jensen Gallery, program and rental spaces and the railroad offices that include those of the Essex Dinner Train. The large open spaces have been recently refurbished and offer a new location for community functions.

The Essex Storehouse was built by the Dickinson Co. in 1899 and a large four story addition was made in 1907. The barrels of witch hazel, destined for shipment to an ever-growing market, were made in the cooper-shop and stored here. In 1929 when additions were made to the distillery, underground pipes were



A great grandson of E.E. Dickinson reads up on family history inside the Yellow Label Mill and its now installed Dickinson company history panels.

installed and the liquid extract was pumped under the railroad tracks to the bottling plant. Here the waxed barrels were filled, bunged, sealed and stored for easy loading onto trains. When retail bottles in a variety of sizes were introduced for sale in drug stores, the witch hazel was bottled, sealed and labeled on the upper floor of this building.

SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE! • SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE!



Clean Energy Task Force

More than 225 Essex residents participated in a light bulb swap April 9th during Essex's Clean Energy Fair, where they exchanged more than 1,125 traditional incandescent light bulbs for high-efficiency LED bulbs, free of charge.

Town residents, with identification, were able to exchange five old incandescent bulbs for five free LED light bulbs. A single LED bulb has a life expectancy of 23 years and uses up to 80 percent less energy that an incandescent bulb. Each five LED replacement bulbs will save homeowners approximately \$50 in annual energy costs and will last as long as 23 years.

Of the bulbs remaining after the event, 144 were given to senior residents of Essex Court and there are still a limited number of LED bulbs remaining for residents who can show residency and did not receive bulbs at the energy fair. Please call 860-227-7753 for more information.

The town as a whole, once all the bulbs are distributed, the town will save close to 113,000 kWh of electricity and \$20,369. Over the life of the bulbs the town will save approximately \$301,300 in electricity costs and \$27,000 in equipment replacement costs. By choosing LED bulbs the town will reduce emissions by approximately 173,883 for pounds of carbon dioxide annually, which is equivalent to the emissions of 15 cars.

The Town used a \$4,500 grant, earned through its participation in Energize Connecticut's Clean Energy Communities (CEC) program, to fund the exchange. In October 2012, Essex signed the CEC pledge, committing to make efforts to reduce municipal building energy consumption by 20 percent, attain 20 percent of municipal electricity needs from renewable sources, and take other actions to support the deployment of clean energy by 2018. In addition, senior residents combined, residents will save \$11,250 annually, with a total lifetime savings of over \$258,000.

Residents and businesses that took advantage of Energize Connecticut energy efficiency solutions helped the community earn the grant and reaped the benefits with this LED giveaway.

Essex residents and businesses looking to save energy and money should visit EnergizeCT.com or call 877.WISE.USE (877-947-3873). To learn more about the Clean Energy Task Force, please visit our website: http://www.essexcitizensforcleanenergy.com/.

Visit Essex! www.essexct.gov



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News from Essex Community Fund

The Essex Community Fund is pleased to share that the **Summer Meal Program** for Region 4 children is being continued through the Region 4 School system for 2016. The Program was established last year at the Essex Veterans Memorial Hall and managed by ECF with the support of volunteers from St. John's Episcopal Church, Essex Congregational Church, Ivoryton Congregational Church, Our Lady of Sorrows, Deep River Congregational Church, FISH and ECF. The program is being run in conjunction with "Celebrate Learning" at the Deep River Elementary, which has the largest concentration of Region 4 children this summer.

What's New?

- Meals are now being served from Deep River Elementary School
- Over 100 children already enrolled
- A Breakfast meal has been added
- Meals are being prepared for both Region 4 and Old Saybrook at John Winthrop Junior High School.

Volunteers from the Park & Rec department, Region 4 Cafeteria staff and High School Students are currently staffing the program. If you would like to volunteer please contact us at info@essexcommunityfund.org.



2016 Summer Meal Program

June 27th thru July 28th Monday through Thursday

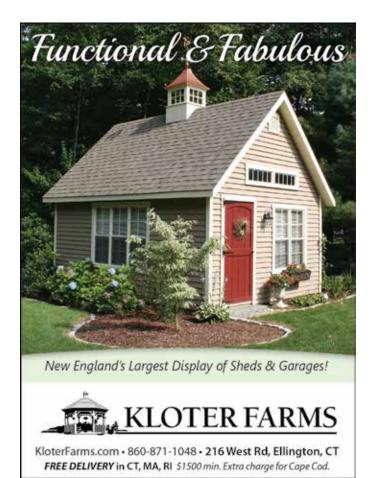
Deep River Elementary School Breakfast 8:30-9 am Lunch 11:30-12 noon

Meals must be eaten at the site All children 18 and under are welcome No meal service on July 4th

This program is made possible through the National School Lunch Program (NSLP), the School Breakfast Program (SBP) and the U.S. Department of Agriculture's (USDA) Summer Food Service Program (SFSP) helps to fill the hunger gap.

Essex Decommissioned Street Signs Raffle. Coming this August, Don't miss your opportunity to own your decommissioned street sign. Information will be available at Essexcommunityfund.org.

Jacqueline Doane



www.events

Essex Land Trust - 2016 Calendar of Events

The Essex Land Trust organizes a calendar of diverse events including hikes, lectures, nature talks, canoeing and kayaking trips, all featuring expert guest speakers and knowledgeable naturalists. All of these events are free and open to the general public.

Saturday, September 24, 9 am - Explore Essex's Best Kept Secret. Become acquainted with the 700-acre Incarnation Camp and Bushy Hill Nature Center, Essex's largest privately owned property. We will be guided by the Nature Center's staff and visit this remarkable assemblage of woods, fields, lakes, and wetlands, seeking out the rich range of plants and animals that call it home. Suitable for all ages. Moderate walking of up to 1½ hours. Rain/thunderstorms cancel. Alternate rain date: Saturday, October 1. Location: Bushy Hill Nature Center at 253 Bushy Hill Road, Ivoryton

Saturday, October 8, 9 am - Can You Name that Tree? A walking tour of the Preserve by tree expert Robert Kuchta who will teach you how to identify the trees that are common in Essex and describe their natural history and human uses. Fun for all ages. Easy to moderate walking. 11/2 hours duration. Rain cancels. Location: The Preserve East Entrance parking lot off of Ingham Hill Rd in Essex.

Saturday, October 22 - 7th Annual Ivoryton Library 5K Run. Co-sponsored in part by the Essex Land Trust, the Ivoryton Library's 7th Annual Run Local, Read Local 5K Run/Walk, will benefit the Library and its programs. The race meanders through Ivoryton Village and the Essex Land Trust's Falls River Preserve. 5K prizes awarded in 7 age groups. Runners 8 and under running in the Pumpkin Run will be given medals, and pumpkins to paint. Race starts at

8:45 am for children and at 9:15 am for adults. Parking is available in designated lots. Rain or shine. Location: Registration begins at the Ivoryton Village Green at 7:30 am.

Essex Land Properties & Trails - Since its founding in 1968, the Land Trust has helped preserve over 1000 acres of open space, of which it owns or holds under easement approximately 600 acres. We invite all of the community to enjoy our 23 preserves, many along the spectacular waterfronts of the Connecticut and Falls Rivers. Properties are open sunrise to sunset and we encourage everyone to enjoy these open spaces to experience the natural beauty and diversity of the Essex community. To learn more about the Essex Land Trust, programs, properties, and trails visit us at www.essexlandtrust.org or contact us at info@essexlandtrust.org.

Kathy Schellens

860.395.4441





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ESSEX VILLAGE Sweet 8 room, 4 bedroom, 2 bath Cape near park, library and tennis courts, Barn/Garage - Nice Backyard. Offered at \$239,900

kathyschellens.williampitt.com ESSEX BROKERAGE | 13 MAIN STREET | 860.767.7488 | OLD LYME BROKERAGE | 103 HALLS ROAD | 860.434.2400 Each Office is Independently Owned and Operated

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At Safe Harbor Memory Care Neighborhood, John Greene's days are filled with social and physical activities, entertainment and cultural events, and, most importantly, visits with family. "Since Dad moved to Safe Harbor, he is much more relaxed and fun to be with, and he's enjoying life the way he should" said John's daughter, Pat.

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- · Ongoing communication and support for family members
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www.thesaybrookathaddam.co

Come see how our team is making a difference in memory care. Call today for a private tour: (860) 345-3779.

Summer at Essex **Historical Society**

June through September: Friday, Saturday & Sunday from 1 - 4 pm, Historic 1732 Pratt House open, 19 West Avenue. FREE guided tours.

'Walking Weekend'

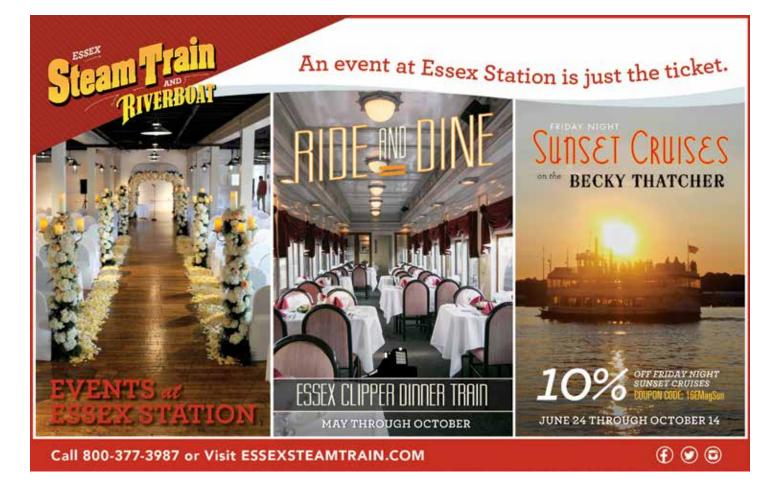
- NEW! July 29, 7 pm: Walking tour of Ivoryton, meet at Ivoryton Library.
- July 30, 1 pm: Walking tour of West & Prospect Streets, meet at Pratt House.
- July 31, 7 pm: Walking tour of Essex Village, meet at the Foot of Main Street.

Each \$5 tour is a separate event; FREE for EHS members.

August 21 from 12-2 pm. Summer Picnic: public welcome! Pratt House, 19 West Avenue, Essex. FREE.

September 18 at 2 pm. Tri-Town Vintage Baseball Game, Devitt Field, 245 South Main Street, Deep River. Root for Essex, Chester or Deep River, playing by 1857 rules. FREE.

Info: www.essexhistory.org, (860) 767-0681.



www.eventsmagazines.com





At the Community Foundation of Middlesex County, we know that it is the little things that count, that can change a community and improve the quality of life for all. Working together, we bring the arts to life for people of all ages through exploration and engagement. We preserve our local history for generations to come. We conserve land for everyone to enjoy - now and forever. We teach young and old to read, and so much more. We do this by developing endowments, making grants that have impact, and assisting donors in meeting their philanthropic goals...all made possible by so many good people doing great things in each and every town in Middlesex County.

We invite you to learn more about how we can help you support a passion or area of interest that matters to you and benefits our community. Call us at 860-347-0025 or visit us online at www.middlesexcountycf.org.



Philanthropy • Leadership • Legacy

The Ivoryton Library

New in the Library: New Audiobooks, Playaways and MP3 audiobooks. We've got many new titles for you!

Summer Reading for Children is in Full Swing!

These weekly programs continue for a few more weeks. Please join us!

- Sunday Story times at Essex Island Marina at 4:30 pm. Rhrough August 14.
- Tuesday Afternoon Yoga for Families with Yogi B at 4:30 pm. Through August 9.
- Thursday Morning Story times, 9:30 am at the Ivoryton Green. Through August 11.

Special Children's Events in August:

Puppeteer, Tai Chi and Qigong Instructor Sharon Didato: Thursday, August 4th, 4-5 pm.

Make Your Own Hula Hoop and Demo: Thursday, August 11th, 4-5 pm. Please register for this event so that we will have enough supplies.

Welcome to Kindergarten Party: Thursday, August 18th at 11 am. Please call to reserve a space for this event.

End of Summer Reading Family Festival at the Ivoryton Green:

Sunday, August 21st, 5-7 pm

Bring the family to enjoy performances by the Om-Fly Children Acrobats and Judi Ann of Dancin' with Hoops. Bring your Hula Hoops from August 11 and join in the fun!

** Bring your own picnic or buy a pizza from Ivoryton's new pizzeria, Brickside Pizza! The dessert is generously donated from our friends at Scoops of Centerbrook.

Please call Elizabeth Bartlett for more information on these programs and to reserve a space!

Upcoming FUNdraisers:

7th Annual Run Local/ Read Local Saturday, October 22.

Registration is open for this fun 5K through beautiful Ivoryton and the Falls River Preserve.

New this year: more age groups, new pricing, a costume theme, different awards, and this year, we share the date with the Ivoryton Village Pumpkin Festival! Carve a pumpkin to add to the RL/RL display while you wait for the awards ceremony.

Continued on page 19



www.eventsmagazines.com

IVORYTON LIBRARY...continued from page 18

Registration form, map and link to online registration are all online at www.ivoryton.com.

Save the Date: We're planning a new Trivia Night, Saturday, November 5th at the Centerbrook Meetinghouse with What Trivia! Food, drink and prizes! Watch our website and Facebook page for more information, coming soon.

The Ivoryton Library is located at 106 Main St in Ivoryton, mailing is PO Box 515. Contact us at 860-767-1252 or staff@ ivoryton.com. Visit us on the web at www.ivoryton.com or Facebook.

Parks and Recreation Department

Summer Concerts: Spend your summer evening with Essex Park and Recreation and enjoy great music from a variety of bands, Country, Jazz, Blues and more! Our venue changes each week allowing everyone to enjoy both of our beautiful town greens in downtown Essex and Ivoryton Village. All concerts are 6:30 pm to 8 pm. The concert schedule for the remainder of 2016 includes:

July 27th	Essex Main Street: The Shiny Lapel Trio
Aug 2nd	Ivoryton Green: Southern Voice (A Modern Day Country)
Aug 10th	Essex Main Street: Blues on the Rocks
Aug 16th	Ivoryton Green: UHF

Mark Your Calendar: Ivoryton Village Pumpkin Festival October 22nd, Ivoryton Green 5pm-8 pm.

Fall Programs: Fall Programs include Kids on the Move Cooking Classes, Floor Hockey, Basketball, Computer Coding, and Tennis. You can register online at essexct.gov.

Contact us: We love hearing from you on our programs, parks, and the operations of our department. For programing information and updates visit our website, essexct.gov and "Like" us on Facebook!

Essex Town Hall

29 West Avenue, Essex, CT 06426 Ph: 860-767-4340, Fax: 860-767-8509

Normal Hours: Monday - Friday, 9:00 am to 4:00 pm



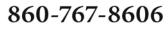
Good Food Deserves Great Wine

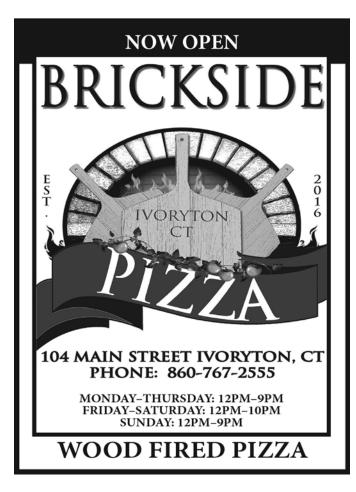
We carry a comprehensive selection of fine wines, spirits, and the latest and greatest in craft beer, all at competitive prices.

Let our friendly and knowledgable staff help you find exactly what you're looking for.

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125 Westbrook Road, Essex, CT Next to Colonial Market









Sunday 11:30 am - 8:15 pm

Good Food, Good Friends, Good Spirits!

8 Summit Street, Ivoryton, CT 06442 860-767-1449

Town Clerk's Office Welcome to Centerbrook, Essex and Ivoryton

Jonathan & Audra McGee, 11 Windermere Way, Ivoryton Christine Repasy, 33 North Main Street, Essex Patricia & Benn Haag, 20 Crosstrees Hills Road, Essex Craig & Angela Stevens, 9 Ridge Road, Centerbrook Douglas Domenie, 27 Pratt Street, Essex Scott C. Johnson, 25 Earl Street, Centerbrook Matthew & Rachael Whitbeck, 10 Pine Lake Road, Ivoryton Christian E. Meisner, 32 Hemlock Drive, Essex Wendy Cagnon & Richard Cmiel, 38 North Main Street, Unit 1, Essex Susan Jones & Jeffrey Muzljakovich, 49 Woodland Drive, Centerbrook Shirley A. Johnson, 85 River Road, Unit B6, Essex Steven Elek & Kristin Tucker, 99 Book Hill Road, Essex Emanuel Gambino, 85 River Road, Unit B2, Essex Renata & Anthony Chase, 7 Crosstrees Hill Road, Essex Ronald Michaud & Alisa Lebovitz, 85 River Road, Unit D3, Essex Charles Bumbar & Victoria Hanor, 30 Oxbow Lane, Essex Catherine Bowdren, 34 Grove Street, Essex Joseph Burns & Lauren Vernlund, 29 Park Road, Ivoryton Michael Halperin, 11 Foxboro Road, Essex Daniel Stewart, 8 Foster Lane, Ivoryton Timothy Gayhart & Anne Deredita, 12 Ox Bow Lane, Essex Jacob Pagragan, 207 Westbrook Road, Essex Tara & John Doyle, 12 Fairview Street, Essex Francis X. Gilhool, 9 South Main Street, Essex

Loss of Residents and Friends

March Charles A. Ruhe Merrill B. Wilder Priscilla M. Constable Patricia G. Pape Elvera A. Sopkiw Mary T. Lugwig Patricia J. Hamel John W. Henry

April

Hugh F. Lusk Elberta S. Buerger Dr. Wayne Southwick Susanne K. Preble Donald E. Wustrack May David Kintzler Margaret Howe Jan Deutsch Mary C. Comfort Vivian C. Furtney James F. McMahon

June Elizabeth K. Brown Priscilla N. Lexa

Respectfully submitted by Yvonne Roziak, Assistant Town Clerk

For town updates & information: **www.essexct.gov**

Treating Cataracts

Middlesex Eye Physicians is pleased to announce that we offer the latest technology in Laser Assisted Cataract Surgery. Our new Verion machine offers customized mapping of our patients' eyes, which gives us measurements tailored to the individual. This machine helps minimize sources of error and increases accuracy and precision.

There are different types of cataracts, but the most common is age related. As we get older the natural lens inside of our eye becomes cloudy causing blurred vision and it cannot be corrected by glasses or eye drops. This a natural progressing eye condition, in fact, cataract surgery is the most common surgical procedure performed world-wide! Middlesex Eye Physicians offers Laser Assisted, bladeless cataract surgery. Using the LensX laser our surgeons have the ability to customize the procedure to achieve the best visual outcomes.

Our cataract surgeons at Middlesex Eye Physicians are pleased to offer the latest advancements in eye care technology to our region and are specially trained in the implantation of premium lenses during cataract surgery. These advancements in intraocular lens allow our patients to possibly reduce or eliminate their dependence on glasses after surgery. Call today to schedule a cataract consultation. All of our state of the art diagnostic and surgical equipment helps your surgeon plan for your procedure to ensure the best possible outcome.

Middlesex Eye Physicians

What is 2-1-1?

It is Connecticut's free information and referral service. By dialing 2-1-1, a toll-free number throughout CT, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours a day, every day of the year. TDD access is available.





CT Agriculture Fairs

New London County 4-H Expo July 22, 23 & 24 North Stonington Fairgrounds, 21 Wyassup Road North Stonington, Connecticut www.newlondoncounty4h.uconn.edu/Expo.php, 860-885-2824

Hamburg Fair August 19, 20 & 21 2 Sterling City Road, Lyme, Connecticut www.hamburgfair.org, 860-908-4906

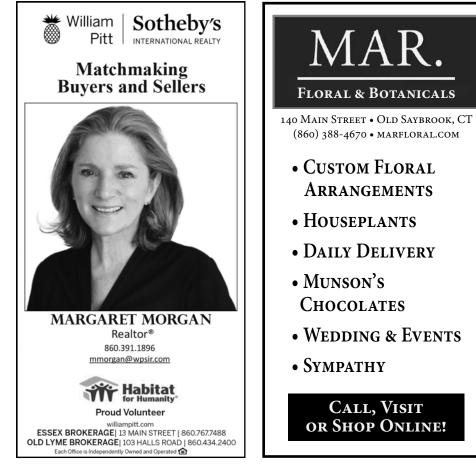
Chester Fair August 26, 27 & 28 Kirkland Terrace, Chester, Connecticut www.chesterfair.org, 860-526-5947

Haddam Neck Fair September 2, 3, 4 & 5 26 Quarry Hill Road, Haddam Neck, Connecticut www.haddamneckfair.com, 860-267-4671 **Guilford Fair September 16, 17 & 18** Stone House Lane, Guilford, Connecticut www.guilfordfair.org, 203-453-3543

Durham Fair September 22, 23, 24 & 25 24 Town House Road, Durham, Connecticut www.durhamfair.com, 860-349-9495

Berlin Fair September 30, October 1 & 2 430 Beckley Road, East Berlin, Connecticut www.ctberlinfair.com, 860-828-0133

Portland Agricultural Fair October 7, 8 & 9 Route 17A, Portland, Connecticut www.portlandfair.com, 860-342-0188









THE ARTS AT YMF

ON FAMILIAR GROUND

An exhibit of paintings by two of Lyme Academy College's most prominent Alumni - Tom and Peggy Root

EXHIBITION ON VIEW I July 7 – August 13, 2016

ARTIST LECTURES I Reception at 6 p.m. Lecture at 7 p.m.

Tom Root | Tuesday, August 9 | \$15

Peggy Root | Thursday, August 11 | \$15

Reservations Required. RSVP: kbrady@lymefs.newhaven.edu

For more information: LYME www.lymeacademy.edu

ARTWORK: Peggy Root, Open Gate, oil on linen, 52' x 26"

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September 17, 2016

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Aaron Plourde, trumpet

Matthew Russo, trombone

with

Mihae Lee, piano

William Purvis, French horn



January 8, 2017 Valley Regional High School **40th Anniversary** Celebration Concert

February 19, 2017 Valley Regional High School

Dan Levinson's Roof Garden Jass Band

March 5, 2017 Old Saybrook High School

Garrison Keillor

April 2, 2017 Old Saybrook High School Chanticleer

Concerts are Sundays at 3 pm

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Preparing for a Hurricane

Hurricane readiness should begin long before the event occurs. If you live in a hurricane-prone area, you can prepare far in advance for the possible dangers to health and safety resulting from a hurricane by learning about your community's emergency plans, warning signals, evacuation routes, and locations of emergency shelters.

- identify potential home hazards that could develop during a hurricane, such as those involving gas, electricity, chemicals, and structural damage
- install a smoke detector
- buy a fire extinguisher and make sure your family knows where to find it and how to use it
- conduct an evacuation drill for at least two ways out of your home
- provide escape ladders for multi-story structures
- establish an assembly point where the family meets in the event of fire or if a disaster occurs when the family is not together at home
- give your relatives and friends the name of a contact person who will know where you are and how you are doing
- know the location of your important papers, such as insurance policies, wills, licenses, stocks, etc.
- instruct family members about how to shut off the gas, water, and electric mains
- post emergency phone numbers at every phone; l inform local authorities about any special needs, i.e., elderly or bedridden people, or anyone with a disability
- properly dispose of all chemicals, pesticides, and solvents not being used

You should stock your home with supplies that may be needed during the emergency period. These supplies should include:

- several clean containers for water, large enough for a 3-5 day supply of water (about five gallons for each person)
- a 3-5 day supply of non-perishable food
- a first aid kit and manual
- a battery-powered radio, flashlights, and extra batteries
- sleeping bags or extra blankets
- a large supply of non-breakable spoons, forks, knives, cups, plates, etc.
- water-purifying supplies, such as chlorine or iodine tablets or unscented, ordinary household chlorine bleach
- prescription medicines and special medical needs
- baby food and/or prepared formula, diapers, and other baby supplies
- disposable cleaning cloths, such as "baby wipes" for the whole family to use in case bathing facilities are not available
- a portable toilet, and toilet paper; l personal hygiene supplies, such as soap, toothpaste, sanitary napkins, etc.
- alternate heat and cooking sources, such as a kerosene heater and a camp stove use these only in well-ventilated areas
- shovels and hand tools
- candles and matches
- a mop, bucket, and towels
- one or more rolls of plastic sheeting, a staple gun with staples, and duct tape
- plastic trash bags and ties
- an emergency kit for your car with food, flares, booster cables, maps, tools, a first aid kit, fire extinguisher, sleeping bags, etc.
- a citizens band radio or a cellular phone, if possible
- extra cash

Continued on page 25

PREPARING FOR A HURRICANE...continued from page 24

- pet food
- insect repellent
- rubber boots/rubber gloves

During the Storm

To get through the storm in the safest possible manner:

- monitor the radio or television for weather conditions, if possible
- stay indoors until the authorities declare the storm is over
- do not go outside, even if the weather appears to have calmed – the calm "eye" of the storm can pass quickly, leaving you outside when strong winds resume

- expect the loss of electricity, gas, and water
- stay away from all windows and exterior doors, seeking shelter in a bathroom or basement. Bathtubs can provide some shelter if you cover yourself with plywood or other materials
- prepare to evacuate to a shelter or to a neighbor's home if your home is damaged, or if you are instructed to do so by emergency personnel
- if you should lose electrical power, eat perishable food first.

www.ct.gov

Tick Borne Illnesses

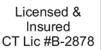
Summer is the time for picnics, hiking, outdoor concerts, and just relaxing in your back yard. It is also the time for ticks to come out and feed. In Connecticut there are several illnesses caused by a tick bite. The common deer tick, Ixodes scapularis, can transmit Lyme disease, Human Granulocytic Anaplasmosis (Ehrlichiosis), and Babesiosis. Symptoms of these illnesses include fever, body aches, headaches, and in the case of Lyme disease an expanding red rash. Symptoms may begin from 3-30 days after the bite.

The American dog tick, Dermacentor variabilis, can transmit another illness Rocky Mountain Spotted Fever. Symptoms include the sudden onset of fever, headache and muscle pains followed by a rash. These symptoms may appear 3-14 days after the tick bite.

All of these infections can be treated with antibiotics, but without prompt treatment they can cause serious or even fatal illness. After spending time outside it is important to do thorough skin survey to find any ticks. The longer a tick remains attached the more likely it could transmit an illness. An infected deer tick can transmit one or even more illnesses at the same bite.

The Connecticut Agricultural Station estimates that about 25-30% of deer ticks are infected with Lyme disease. But not every tick bite will transmit the illness. If you find a tick it is important to remove it promptly. Use tweezers and grasp the tick's mouthparts as close to the skin as possible. Using steady pressure, pull the tick upward. After removal wash the area with soap and water and apply an antiseptic. Write down the date it was removed. If you develop a rash at the bite site and/or symptoms of a flu like illness contact your physician immediately.







www.dutchoil.com

ESSEX TOWN HALL

860-767-4340 (Unless otherwise noted)

THE ESSEX TOWN HALL is open 9 a.m. to 4 p.m., Monday through Friday THE LANDFILL AND RECYCLING CENTER is open Mondays, Thursdays, Fridays & Saturdays, 7 a.m. to 3 p.m.

SELECTMEN'S OFFICE Norman Needleman, First Selectman Maria Lucarelli, Assistant Betsy D'Amico	x114 x112 x145	nneedleman@essexct.gov mlucarelli@essexct.gov bdamico@essexct.gov	
ANIMAL CONTROL OFFICER Jae Wolf	860-388-	7082 jwolf@essexct.gov	
ASSESSOR Jessica Sypher, Assessor Nancy Berryman	x124 x123	jsypher@essexct.gov nberryman@essexct.gov	
BUILDING DEPARTMENT & FIRE MARSH. Dave DeLeeuw, Building Official Darcy Roper Keith Nolin, Fire Marshal	AL x117 x144 x146	ddeleeuw@essexct.gov droper@essexct.gov knolin@essexct.gov	
FINANCE DEPARTMENT Kelly Sterner, Director of Finance Dana Novorio, Assistant James Francis, Treasurer	x122 x116 x127	ksterner@essexct.gov dnovorio@essexct.gov jfrancis@essexct.gov	
HEALTH DEPARTMENT Lisa Fasulo, Director of Health Kerry Berardinelli	x118 x119	lfasulo@essexct.gov kberardinelli@essexct.gov	
LANDFILL/RECYCLING CENTER Mike Birner, Supervisor Bill Armstead	860-767-	1926	
PARK AND RECREATION COMMISSION Mary Ellen Barnes, Director Tim LaChance Kaiulani Recchia	x110 x148 x148	mbarnes@essexct.gov tlachance@essexct.gov krecchia@essex.gov	
PUBLIC WORKS David Caroline, Director William Angier, Boris Churyk, Richard Gallacher, Ryan Welch	860-767- x161	0715 dcaroline@essexct.gov	
REGISTRARS OF VOTERS Lois Ely John Heiser	x142 x142	registrar@essexct.gov lely@essexct.gov jheiser@essexct.gov	
RESIDENT STATE TROOPER ESSEX POLICE David Tretter, Resident State Trooper Paul Kenefick Todd Belcourt Karen Reilly Christopher McCarthy	860-767-	1054 dtretter@essexct.gov jkenefick@essexct.gov tbelcourt@essexct.gov kreilly@essexct.gov cmccarthy@essexct.gov	
SOCIAL SERVICES Mary Ellen Barnes	x201	mbarnes@essexct.gov	
TAX COLLECTOR Megan Haskins, Tax Collector Lynne Skinner, Assistant	x120 x121	mhaskins@essexct.gov lskinner@essexct.gov	
TOWN CLERK Joel Marzi, Town Clerk Yvonne Roziak, Assistant	x129 x128	jmarzi@essexct.gov yroziak@essexct.gov	
TOWN HALL OPERATIONS Mark Hiatt	x136	maintenance@essexct.gov	
ZONING ENFORCEMENT Joe Budrow, Enforcement Agent Kerry Berardinelli	x115 x119	jbudrow@essexct.gov kberardinelli@essexct.gov	
www.essexct.gov			

24th Annual Arts & Craft Show

A Juried Event Sponsored by the First Baptist Church in Essex

On the Town Green in Historic Essex, Connecticut

DATE:	Saturday, August 20, 2016
TIME:	10:00 am - 4:00 pm
FEE:	\$75 per space (11 x 11) – for vendors
	Free to the public.



AJ Shea Construction

ajshea.com

HAPPY SUMMER!

from all of us at Essex Printing & Events Magazines



Fridays at 8 pm Subscriptions \$100 & \$120 Tickets \$30 & \$35. Kids Freel PROGRAMS & INFO: CHESTNUTHILLCONCERTS.ORG TICKETS: THE KATE.ORG | 860 510-0453

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Essex - Community Listings

CHURCHES

All Saints Episcopal Church	(860) 767-1698
First Baptist Church	(860) 767-8623
First Congregational Church	(860) 767-8097
Ivoryton Congregational Church	(860) 767-1004
Our Lady of Sorrows Church	(860) 767-1284
St. John's Episcopal Church	(860) 767-8095
Trinity Lutheran Church	(860) 767-0228

CLUBS AND ORGANIZATIONS

Ancient Order of Essex Weeders(860) 767-7628
Democratic Town Committee(860) 767-7665
Community Foundation of Middlesex County(860) 347-0025
Essex Board of Trade
Essex Boy Scouts of America
Essex Community Fund
Essex Cub Scouts of America(860) 790-0681
Essex Garden Club(860) 767-2860

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Health Department – Zika Virus

Prevent Zika virus infection to protect your unborn baby

By now, you've all heard about the Zika Virus and its link to significant birth defects. Brain malformations, microcephaly, and neural tube defects are all associated with Zika Virus infection in babies. If you are pregnant or plan to become pregnant within the upcoming months, Zika virus infection can have serious, lifelong, and even tragic impacts on a family.

Pregnant women, women of childbearing age, and their sex partner must take personal precautions to prevent becoming infected with Zika virus. *Modifications in personal behavior are crucial to preventing Zika virus-associated birth defects in babies*.

- Don't travel to areas where Zika Virus is prevalent (consider changing your vacation destination)
- If you or your partner must travel to areas where Zika virus is prevalent
 - wear long-sleeved shirts & pants
 - use mosquito repellent containing DEET
 - choose accommodations/destinations with air conditioning or those with window/door screens or to keep mosquitos outside



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- treat clothing and gear with permethrin or buy pre-treated items
- Delay pregnancy for 6-8 months after traveling to areas where Zika Virus is prevalent.
- Prevent sexual transmission of Zika virus through abstinence or by using condoms.

If you and your partner are planning a pregnancy and believe you've been exposed to Zika Virus, consult your primary care physician for guidance and recommendations for Zika Virus testing. Possible Zika virus exposure is defined as travel to or residence in an area of active Zika virus transmission. To emphasize the significance of Zika virus infection and babies, the Center of Disease Control and Prevention (CDC) has issued the following preconception guidance: Women and men with Zika virus exposure who are interested in conceiving should consult with their primary care physician for counseling. Women who have Zika virus should wait 8 weeks after symptom onset and men should wait 6 months after symptom onset to attempt conception.

Please refer to the following websites for additional information: CT Department of Public Health http://www.ct.gov/dph/zika and the CDC http://www.cdc.gov/zika/

Zika virus in CT – What you need to know

Zika Virus is transmitted primarily by the *Aedes aegypti* mosquito which is not prevalent in Connecticut. Since the Ae. *aegypti* mosquito is not prevalent in CT, the risk of exposure and subsequent infection is currently associated with travel to or residence in an area of active Zika virus transmission. CT Agricultural Experimental Station (CAES) continues to conduct mosquito and virus surveillance in 72 municipalities throughout the state. CAES monitors for mosquito species, abundance in communities, and prevalence of virus infected mosquitos; additional information from CAES will become available as the "mosquito season" progresses.

Mosquito Related Diseases in Essex

Although there is significant media attention to Zika Virus, there are other more "local" mosquito associated diseases that should not be overlooked. West Nile Virus (WNV) and Eastern Equine Encephalitis (EEE) infection have been reported in CT. These diseases are transmitted through the bite of an infected mosquito – usually the *Aedes Albopictus* mosquito which is prevalent along the shoreline. In severe cases, people with EEE or WNV have a sudden onset of headache, high fever, neck stiffness, muscle weakness, altered mental status, tremors, convulsions, paralysis, and inflammation of the brain (encephalitis) or the membranes of the brain and spinal cord (meningitis) or coma. These are extreme cases however the risk of becoming infected with WNV or EEE is

greatly reduced by local mosquito management practices and personal behavior.

To reduce the risk of being bitten by mosquitoes residents should:

- Minimize time spent outdoors between dusk and dawn when mosquitoes are most active.
- Be sure door and window screens are tight-fitting and in good repair.
- Wear shoes, socks, long pants, and a long-sleeved shirt when outdoors for long periods of time, or when mosquitoes are most active. Clothing should be light colored and made of tightly woven materials that keep mosquitoes away from the skin.
- Use mosquito netting when sleeping outdoors or in an unscreened structure and to protect small babies when outdoors.
- Use mosquito repellent (with DEET) when it is necessary to be outdoors. To protect infants, use white-colored mosquito netting made of cotton or nylon with 23-26 mesh per inch
- Treat clothing with permethrin as directed on the label to provide protection even through several wash cycles.
- Make sure window and door screens are intact to keep mosquitos outside or use air conditioning

To reduce mosquito breeding places:

- Eliminate standing water around your home every 2-5 days. Empty buckets, bird baths, planters, old tires, watering cans, children's outdoor toys or any trash that can hold water.
- Keep children's wading pools empty and turned on their side when not in use.
- Clean out and change the water in your pet's water bowl or trough every day.
- Use larvicides or "mosquito dunks" in standing water on your property. Pay particular attention to unused/abandoned swimming pools, ponds, unused canoes/boats, hollow fence posts without caps, bamboo (cut down remaining stumps so they cannot hold water).
- Get rid of places where adult mosquitoes can find cool, dark and damp areas to rest by mowing the lawn, trimming shrubbery and cutting down weeds and vines.
- Clean out rain gutters and downspouts regularly
- Drain or fill any low places, such as potholes, on your property where water collects and stands for more than 5 days.
- Ensure that all permanent water containers such as wells, septic tanks, cisterns water tanks are tightly covered and insect-proof.



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The Shoreline Soup Kitchens & Pantries

Two Dinners Served Every Week In Essex: SSKP serves two family-style hot dinners prepared fresh by volunteers every week in Essex.

Every Monday from 5:30 -6:30 pm, at the Baptist Church of Essex, 10 Prospect Street.

Every Tuesday from 5:00 – 6:00 pm, at St. John's Episcopal Church, 23 Main Street.

The meals are free of charge and all are welcome.

Food Pantry Every Week For Essex Residents: Any resident of Essex may attend 1 of SSKP's food pantries each week, located in Westbrook, Old Saybrook, Clinton, Old Lyme and East Lyme. The pantries provide fresh and non-perishable food for those in need. Essex residents will receive enough food from the pantry for three meals a day for three days for all those in their household. Guests are reminded to bring bags. Visit www.shorelinesoupkitchens.org for a full listing of SSKP's pantry and meal locations or call (860) 388-1988.

How You Can Help: Call (860) 388-1988 or visit www.shorelinesoupkitchens.org for more information on how to plan a food drive, or become a pantry or meal site volunteer. Donations can be mailed to PO Box 804 Essex CT 06426. Donate securely online at www. shorelinesoupkitchens.org. Your help makes a place at the table for all those in need in Essex and the shoreline.

Estuary Council Regional Senior Center

The Estuary Council of Seniors, Inc. (ECSI) is a community center for the Estuary region's residents over 50 years old providing nutrition, transportation, health support services, education opportunities and socialization. We have been promoting healthy and active lifestyles for adults 50 and better through quality programs and services in the nine-town Estuary region for over 40 years. Please visit us at www.ecsenior.org for additional information or call us at (860) 388-1611.

BINGO AT THE ESTUARY! Every Thursday evening at the Estuary! Games begin at 6:30 pm. Doors open at 5:30 pm. Admission, including game package, is \$12 per player. Cash prizes with the progressive jackpot maximum payout of \$1,000. (increases \$100 each week). Open to all ages! Snacks and food sold during the evening. SHORELINE CHEFS TO BENEFIT MEALS ON WHEELS! Sunday, September 25 from 3 to 6 pm at Water's Edge Resort & Spa. Area restauranteurs, caterers, home cooks, and neighborhood notables will be cooking up their best dishes for sampling! Tickets are \$40 per person and are available for purchase at the Estuary. Admission includes your tasting of all our many chef's recipes, a silent auction and entertainment. Wine and beer will be available for purchase.

The Estuary Thrift Shop offers the best bargains on the shoreline! Clothing, furniture housewares, decorations, and jewelry are just a few of the things you will find. Every day is different. All ages are welcome to come in and shop. **Open Saturdays. New Daily Specials.**

To download previous issues of *Essex Events* visit www.eventsmagazines.com and download the issue you desire!

Board of the Friends – Essex Library



Pictured (left to right) new board of Friends of Essex Library: Genie Devine, Secretary; Linda Levene, past President; Jo Kelly, President; Judy Taylor, Catharine and Susan Hosack (not pictured), Members at Large; Pat Mather, Treasurer; Judy Fish, Ivoryton Library Liaison; and Peggy Tuttle, Book Sales Coordinator.

I am very pleased to be on the Board of the Friends of the Essex Library as their new President. I look forward to working with my new Board, the Essex Library Association board, and the Essex community.

Libraries across the country are going through a transformation. The library many of you, as well as myself, grew up with no longer exists. Essex Library is becoming an ever expanding multimedia community resource hub; striving to meet the needs and requirements of a changing community.

My goals are to aid and support Essex Library Association in its efforts to meet the challenges of a changing community. And, with your community involvement in our library system, we will accomplish and surpass these goals.

Thank you for your continued support and involvement. Jo Kelly

The Shoreline Soup Kitchens & Pantries provide food and fellowship to those in need. Serving the towns of Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook and Deep River.

Learn how you can help at: www.shorelinesoupkitchens.org







Waiting for a Breeze by Dick Sonderegger

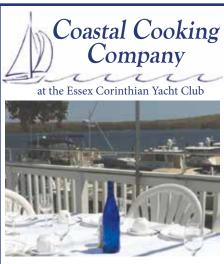
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The Connecticut River Museum

The Connecticut River Museum offers a number of programs and events to help make your family's summer a blast! Great exhibits like the new Invaders: They Come by Air, Land, and Water fill the Museum's three floors. This "monster movie" themed exhibit focuses on the effect that various invasive plant and animal species have had on the River and its environment. Visitors can get out on the River itself by taking an afternoon or evening sail on the historic schooner Mary E, or renting a canoe, kayak or paddleboard from the Museum's Paddle Exploration Program!

The riverside location of the Museum allows for unique outdoor events, like

Calling all Businesses!

MARC Community Resources (MARC) has advocated for the rights of people with disabilities since 1955. Since that time MARC Community Resources has grown into a multi-service agency with nearly 100 paid staff and over 100 volunteers. Today we serve more than 200 people with disabilities throughout Middlesex County and the Greater Hartford area by providing choices for housing, employment, advocacy and social/recreational life.

MARC's largest program is its Group Supported Employment Program. Small Group Supported Employment crews provide a vast array of companies with eager and enthusiastic employees capable of a multitude of tasks.

We provide a low cost work force while improving productivity. "The Crew from MARC has been an integral part of our Connecticut operation since 1996, and has contributed to our company's growth here during this period. They are a pleasure to work with; they have become family. There is no Greenwald without MARC," the popular Theater Along the River performances. The evening of August 5th will see Flock Theatre return to the Lay House lawn, which overlooks beautiful Essex harbor, to present Shakespeare's The Taming of the Shrew. Get into the swing of summer on Thursday evenings from July 7th to August 25th, as the Museum hosts Thursdays on the Dock, a free concert series on the our lawn. Bring a picnic blanket and food, and enjoy a different musical act every week. Throughout the summer, there's always something fun to do at the Connecticut River Museum!

Call 860-767-8269 or visit ctrivermuseum. org for more information.

said Helmut Henry, Traffic Supervisor, Greenwald Industries (Chester)

Hiring a work crew from MARC provides companies with many benefits including increased profitability, employees who happily accept repetitive tasks without complaint, lower insurance risks, and a richer work environment for their own employees. "The MARC crews are a valuable part of our stores, not only do they keep our stores clean and safe, they brighten the experience of our staff and guests. They bring inspiration, cheer and good work ethic everyday they are here," said Gino Pacitto, Facilities Maintenance Manager, Shop Rite East Hartford/ Manchester.

No job is too big or too small for MARC's work crews. Work crews are available Monday through Friday from 10 am-1 pm. If you are interested in receiving more information on hiring a MARC work crew, contact Erin Gasparini, Vice President of Vocational & Leisure Services at (860) 635-5151.

Essex Garden Club Awards Scholarships

The Essex Garden Club is pleased to announce the 2016 scholarship recipients. College Scholarships of \$1000 each were awarded to two students:

Annie Brown of Essex, a graduate of Valley Regional High School, will pursue Environmental Studies at the University of Vermont. Annie has been active in the community working at The Bushy Hill Nature Center and with the Essex Land Trust.

Corey Thomas of Ivoryton, a graduate of the UConn College of Agriculture, will return to UConn to pursue his Masters, specializing in Agriculture Education. Corey has been active with the UConn Extension program and other groups in promoting sustainable agriculture.

Additionally, the Club supports summer nature programs for children from Essex, Ivoryton and Centerbrook. Scholarships were given to 4 students to attend The Bushy Hill Nature Center, which provides 2 weeks of in-depth nature experience at the Ivoryton camp. The Club also provided 15 scholarships for oneweek nature and science sessions through the Essex Parks and Recreation Summer Program.

The Essex Garden Club sincerely thanks all who support the annual May Market, the proceeds of which enable the Club to make these donations.

Epilepsy Foundation of Connecticut

Are you the parent of a child living with epilepsy?

The Epilepsy Foundation of CT invites you to join their newly added support group in Branford CT. This will be a gathering of parents to talk about the challenges, fears, and coping tactics in caring for a child with epilepsy. The support group will be held the fourth Wednesday of each month from 6:30 to 8 pm. Location will be at St. Therese Church Parish Center, 105 Leetes Island Rd, Branford, CT.

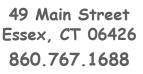
For more information please call the Epilepsy Foundation of CT at 860-346-1924.

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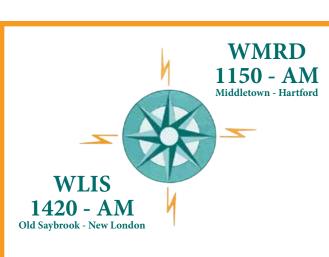
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White Wines for Summer

Summer has officially arrived and it is time to start planning picnics, trips to the beach and barbeques. Nothing screams summer like a refreshing glass of white wine. Instead of shopping for your go-to Chardonnay or Pinot Grigio, use this time to experiment with a wide variety of unique white varietals and white blends.

If you are looking for something very light with a mild effervescence look no further than a Portuguese "green wine," or Vinho Verde. These wines are low in alcohol and typically inexpensive. This can be a great substitute for a sparkling wine if you are looking for something lightweight and refreshing.

Another light style wine that has nice acidity and good flavor is White Bordeaux from France. Typically comprised of Sauvignon Blanc and Semillon, these wines compliment seafood perfectly. France is also well known for their Rhone Valley varietals; Marsanne, Rousanne, Viognier and Ugni Blanc. These varietal are beautiful on their own and are also blended together to make beautiful Côtes du Rhône Blanc and Châteauneuf-du-Pape Blanc. Another beautiful French varietal from the Muscadet region in the Loire Valley is Melon. Clay soils and granite slopes give this white great minerality with an occasional touch of effervescence.

Another great white varietal is Chenin Blanc. Most popularly found as a single varietal in South Africa where it is crisp and dry with complexity, it is also well known as Vouvray in France where it tends to be fruity. In California it is used in a lot of blending, especially with Viognier, but it is becoming more popular as a stand-alone varietal.

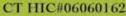
There are lots of sweeter varietals like Riesling, Gewürztraminer and Moscato which are becoming increasingly popular as well. If you like your wine very sweet Moscato is the way to go, and if you prefer just a hint of sweetness you can choose a blend that uses some drier grapes like Chardonnay and Sauvignon Blanc and blends in the Riesling. Sweet wines are always a great compliment to spicy foods, cheese platters and desserts.

Prep your palate for some new found gems and seek out your favorite wine guru to guide you to some fresh new white wines for this summer. Whether you are hosting an event or simply enjoying a gorgeous day on the back deck these great white varietals will not disappoint!

Art LiPuma - General Manager SeaSide Wine & Spirits, Old Saybrook, CT



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ESSEX: Enjoy views of North Cove and the Ct River from this lovely c1852 New England home, just a short walk to the Village. Beautiful hardwood floors, tin ceiling, finished lower level. \$875,000

Gigi Giordano Taylor, x3116



ESSEX: Perfect weekend retreat! Don't miss an opportunity to purchase this cozy historic home in the heart of the Village. Open floor plan, 3 bedrooms, private rear porch and deck. \$335,000

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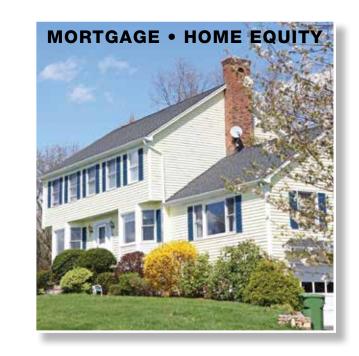
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